



*For more information on product availability and prices please call the shop
021- 3116353*

BREAD, FLOUR, CEREALS, PASTA

Brands: LaSelva, Essential, Naturalia, Petras Bio, Solaris

- Bread

Wholemeal Bread
Wholemeal Bread with Seeds
Bread Rolls
Rye Crackers with Sesame seeds

- Flour

Plain White Flour
Whole wheat Flour
Rye Flour
Spelt Flour
Gluten Free flour
Polenta
Semolina

- Grains and Rice

Barley
Oat grots
Kamut
Wheat
Spelt
White / Red Quinoa
Rye
Millet
Amaranth
Popcorn
Soya Beans
Basmati Rice
Long Grain Rice
Red Rice
Risotto Rice with Vegetables
Risotto Rice with Porcini Mushrooms

- **Muesli and Flakes**

Amaranth Flakes
Quinoa Flakes
Oat Flakes
Spelt Flakes
Soya Flakes
Oat Porridge
Fruit Muesli
Spelt Honey Pops
Muesli for Kids
Gluten free Muesli
Cornflakes
Gluten free Chocolate Cereals

- **Pasta and Noodles**

Penne
Spaghetti
Wholewheat Spaghetti
Spelt Tagliatelli
Wheat / Quinoa Penne
Fusilli
Farfalle
Noodles

DAIRY PRODUCTS

BRANDS: Andechser, LaDorna, Asi Nature

Caw Milk
Caw Milk - Low fat
Goat Milk
Caw Milk / Goat Milk Plain Yogurt
Fruit Yogurt
Yogurt Drink with Fruits
Kefir
Chocolate / Vanilla Pudding
Butter
Cream
Telemea Cheese
Feta
Cheese Spread with Herbs
Cottage Cheese
Burduf Cheese
Emmental
Gouda
Camambert
Mozarella
Blue cheese
Gouda

EGGS

Organic Chicken eggs
Conventional quail eggs

FRESH MEAT AND MEAT PRODUCTS – Please call the shop to order

Conventional / Natural products without additives, colorants, preservatives, injections

Ostrich, Lamb, Sheep, Kid, Goat – from Suraki Farm

File
Sausages
Mici - seasoned forcemeat ball ready to grill
Hamburger
Stick Kebab with vegetables - ready to grill
Ostrich pate

SEASONAL & EXOTIC FRESH FRUITS AND VEGETABLES

For more details on the latest available offer please call the shop

CONVENIENCE FOODS

Brands: La Selva, Essential

- Tomato Products & Vegetables in Olive Oil

Tomato Puree
Tomato Cubes
Ketchup Regular / Kids
Pasta Sauce
Sun semi- dried tomatoes
Hot Sun Dried Tomatoes
Grilled Zucchini in Olive Oil and Balsamic Vinegar
Aubergine in Olive Oil and Balsamic Vinegar
Artichoke in Olive Oil and Balsamic Vinegar
Grilled Vegetables in Olive oil and Balsamic Vinegar
Pickled Cauliflower

- Dried Vegetables and Pulses

Shitake Mushrooms
Aduki beans
Mung Beans
Cannellini Beans
Black Beans
7 Beans
Red Beans

Lentils: Puy, Yellow, Green, Black
Split Peas
Chickpeas

- Vegetable Pates and Spreads

Artichoke Pate
Asparagus Pate
Eggplant Pate
Spicy Eggplant Pate
Pumpkin Pate
Olive Pate
Bruschetta: olives, peppers, tomato
Green Olives with or without stones
Black olives
Horseradish Spread
Peppers and Cashew Spread
Peppers and cucumbers Spread
Hot Peppers Spread
Peanut Butter
Tahini Paste

SOYA PRODUCTS / Non-Dairy Alternatives

Brands: Fito Fitt, Provamel, Inedit

Soy Drink
Soy pudding
Tofu plain and seasoned
Tofu paste
Soy cream
Soy sauce

BISCUITS, SNACKS, APETIZERS

Brands: Dove's Farm, Village Bakery, Rosengarten, LaSelva

- Sweet and salty biscuits

Jam Biscuits
Gluten Free Biscuits
Digestive Biscuits
Sticks with Sesame seeds
Crispy Pizza Bread
Crispy Flat Bread
Spelt thin Biscuits with Parmesan / Basil/ Pepper/ Caraway

- Flapjacks, Cookies, Waffles

Waffles
Marzipan cookies
Fruits and Cereals Flapjacks
Nuts and Seeds Flapjacks
English Butter Flapjacks

Low Fat Fruit Flapjacks
Quinoa and Sesame Bars

- **Dried Fruits**

Mango
Ginger
Raisins
Apricots
Figs
Mixed Peel

- **Nuts and Seeds**

Hemp Seeds
Pumpkin Seeds
Sunflower Seeds
Linseed
Poppy Seeds
Sprouting seeds and pulses
Peanuts
Hazelnuts
Broccoli Seeds
Cashew Whole
Pistachio
Alfalfa
Almond Blanched
Pinenuts
Pecan Nuts
Sesame Seeds

CHOCOLATE

Brands: Green & Blacks, Rosengarten, Vivani, Zotter

Chocolate Bars (150g, 100g, 35g): Milk, Dark, Ginger, Spices, Almonds, Cherries
Hot Chocolate
Cacao
Hazel / Chocolate Spread
Chocolate Bonbons
Fruits in Dark or White Chocolate
Nuts in Dark or White Chocolate
Chocolate Festive Products for Christmas or Easter

HONEY, JAMS, SUGAR, SWEET SYRUPS

Forest Honey
Locust Honey
Lime Tree Honey
Wild Flower Honey

English Jams with low sugar content: Apricots, Raspberries, Blackcurrants,
Strawberries, Orange Marmalade,
Maple Syrup
Agave Syrup
Brown Cane Sugar

INFANT AND CHILD FOOD

Brands: Organix, Petter Rabitt, Ella's Kitchen, Dove's Farm, Bio Korn

Rice Fusilli
Ketchup
Tomato Paste for Kids
Carrot Stix
Biscuits with Calcium
Sugar Free Biscuits
Gluten Free Rice Cakes with Apple / Orange for Babies - from 7 months
Sugar Free Lollipops
Gum Bears
Fruits and Vegetable Purées for Babies - from 4 months
Fruit Snack – 100% fruits
Gluten Free Cereals

SAUCES, MAYONNAISE, MUSTARD

Soya Sauce
Tomato sauces
Cranberry sauce
Onion relish
Sweet Spicy Sauce
Mayonnaise
Horseradish sauce
Basil in olive oil
Pesto Verde / Pesto Rosso
Dijon Mustard
Mustard Wholegrain
Ketchup

OIL and VINEGAR

Balsamic Cream
Balsamic Vinegar
Spicy Balsamic Vinegar
Cider Vinegar
Hemp-Seed Oil

Coconut Oil
Flax-Seed Oil
Rapeseed Oil
Palm Oil
Sunflower Oil
Olive Oil
Olive Oil with Lemon
Olive Oil with Garlic

HERBS & SPICES

Anise
Paprika
Basilica
Cumin
Caraway
Thyme
Coriander
Cloves
Laurel
Ginger
Herbs de Provance
Marjoram
Spearmint
All Spice
Nutmeg
Oregano
Cayenne Pepper
Black Pepper
Rosemary
Sage
Cinnamon
Tarragon
Turmeric

BACKING & COOKING

Stock Cubes
Gelatin
Vanilla Sugar
Salt
Salt with Herbs
Baking Powder

COFFEE AND TEA

Coffee

Arabic coffee ground and beans
Decof coffee
Spelt instant drink

Tea

Sonnenor Teas

Equal Exchange Teas:

Roiboos
Earl Grey
Green Mate
Breakfast
Spice Delight
Green Tea

SEAWEED AND EXOTIC PRODUCTS

- SEAWEED AND SEAWEED PRODUCTS

Seaweed Paste
Seaweed Spagetti
Dry Seaweed - Dulse
Dry Seaweed - Wakame
Dry Seaweed - Nori

- EXOTIC PRODUCTS

Coconut Milk
Sauces: Thay, Curry, Tikka Massala, Mango Chutney
Bombay Mix

SUPERFOODS AND SUPPLEMENTS

Barley Grass Powder
Spirulina
Flax Powder
Cacao Nibs
Broccoli Seeds
Alfalfa
Miso Soup
East Extract
Sprouting Mix

BEVERAGES

- Alcoholic Beverages

Pulaner Beer

Italian Organic wine: Cabernet Barrique, Merlot, Pinot Grigio, Chardonnay

Romanian Traditional Spirits: *Palinca, Tuica*

- Soft Drinks

Biotta Fruit and Vegetable Juices

Malincrav Apple Juice

Belvoir Presses – Elderflower, Lemonade

Energy Drink

Fruit Syrups

BEAUTYCARE AND PERSONAL HYGIENE

- For Her

Brands: Essential Care, Barefoot Botanicals, Green People, Urtekram, Dresner, Nvey, Yes

Face creams

Eye cream / gel

Face Wash/ Lotion

Body Creams/ Lotions

Hand Cream

Anti-cellulite cream

Lip balm

Massage Oil

Bath oil

Bath powder

Deodorant

Natural Organic Lubricant

Shower gel

Shampoo

Conditioner

Natracare Tampons

Cotton Pads

Cotton Buds

Nvey Make-Up products

- For Him

Brands: Essential Care, Barefoot Botanicals, Green People, Urtekram

Deodorant

Shower Gel

Shaving Cream

Aftershave Balm

Massage Oil

Natural Organic Lubricant

- **For Baby and Kids**

Brands: Beaming Baby, Earth Friendly Baby, Earth Friendly Kids

Baby Shampoo and shower gel

Nappy Cream

Baby Wipes

Liquid soap

Soap

Shampoo for kids

Bubble bath

- **Other Personal Care Products**

Brands: Essential Care, Green People, Urtekram,

Calendula Balm

First Aid Lotion

Toothpaste

Liquid soap

Solid soap

Sun Cream

CLEANING PRODUCTS

Brands: Ecover, Sodasan, Natural House, Sonett

Hypoallergenic Kids Laundry Detergent

Soap Flakes

Detergent for delicate clothes

All surfaces detergent

Disinfectant

Floor soap

Dish-wash detergent

Tablet dish wash detergent for dishwasher

Window detergent

Bathroom detergent